



## Bexley Parent Carer Forum

Supporting parents and carers of a child or young person under 25 with a disability, additional or special need living in Bexley and giving parent/carers the opportunity to have a 'voice'  
Together we can make a difference...



**VOLUNTEER HELPLINE: 07512 409936**

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**WEBSITE: www.bexleyvoice.org.uk**

**REG CHARITY NUMBER: 1142306**

## Bexley Voice's Tea and Talk Parent/Carer Support Group

**Date: Wednesday 14<sup>th</sup> November 2018**

**Time: 9.30 – 12.30**

**Location: SEND HUB - Normandy Children's Centre  
Fairford Avenue, Barnehurst, Kent. DA7 6QP**

Please note that the venue is not a large room so it is not a suitable environment for babies/toddlers. We apologise for any inconvenience. There is limited parking at the children's centre, however there are many surrounding roads suitable for parking. Please note: The children's centre is at the lower end of the Normandy primary school site. We are not part of the school building so please do not use the school reception entrance.



### November's Tea and Talk will focus on:

#### Are you missing out on vital support?

**Would you like to know what else is out there to help you?** Bexley Voice will be updating our parents and carers on the support, information and advice offered by other local and national groups and organisations, who support families with children and young people with special needs and disabilities.

#### Become part of our team! - Volunteering for our charity

**Would you like to become part of the Bexley Voice Team?** Have you thought about being more involved and offering support to other parent/carers in Bexley? If you have a few hours each month (some of roles only involve volunteering from home) and are interested in getting involved in roles including delivering our leaflets, fund raising or help making our hand-made cards, then come along and speak to Rachel Medhurst (Bexley Voice Volunteer Coordinator), who will be talking to parent/carers about the role of volunteers for our charity. She will be chatting about what roles are available, what the rewards are and how to apply.

#### Your voice is needed! - Bexley's Local Offer Website new website design

**Do you use the Bexley Local Offer website?** An opportunity for parent/carers to have their say on what they need from Bexley's newly designed Local Offer, the one-stop shop website about all things relating to SEND in Bexley. Rachel will also show parents how to use the website, how to feedback suggestions and answer any questions on SEND related issues.

**Sam Conabere** from our **Compass Project** will also be attending:

Compass - support for ASD (Autistic Spectrum Disorder) or ADHD (Attention Deficit Hyperactivity Disorder)

Compass offers guidance to help point you in the right direction and Sam will be updating us on progress with the project and is available to answer questions and sign-post you to where further help can be found.

Here is the link from our website... <http://www.bexleyvoice.org.uk/compass-asdadhd-support.html>

A member of the **Bexley branch of the National Autistic Society team (BNAS)** will be at this month's session. Find out about BNAS, ask questions you may have and learn how they can support you.

Bexley Voice has a lending library of books relating to SEND. These are free to borrow at Tea & Talk. We have various leaflets on a range of subjects if you need signposting to anything. Our range of hand-made cards will be available to browse to take home for a small donation. All donations to Bexley Voice.

**No need to book, just turn up. We look forward to welcoming you with light refreshments and a listening ear. Tea & Talk is free to attend, a donation is always much appreciated!**