

BEXLEY VOICE - HOLIDAY ACTIVITIES LIST 2019



Local Organisations

SERVICE/PROVIDER/ORGANISATION	AGE RANGE	CRITERIA/SPECIAL NEED (Please note – not all activities are specifically for special need/disabled children)
Air Jump Trampoline Park - Orpington www.airjumptrampolinepark.co.uk 0800 6771502	All ages	Run sessions for people with disabilities/SEN every Sunday morning at 9am
Animal Days Out www.adotherapy.co.uk 0208-850-6778	6 months to 14 years	Half-term and holiday clubs. Accept direct payments. ADO Therapy 1:1, family and group sessions - Activities, therapy, counselling All children have an individual assessment and babies can be accommodated. Special needs met depending on assessment including physical, self-esteem, anxiety, depression, ASD, ADHD.
Bexley Accessible Transport Scheme (BATS) enquiries@bexleyct.co.uk www.bexleyct.co.uk 01322 311333		KIDZ DAYZ AWAY - BATS run a summer programme of family day trips using accessible minibuses to cater for children with SEN and physical disabilities. Contact BATS direct for more information.
Bexley Beavers Swimming Crook Log Leisure Centre, Bexleyheath www.bexleybeavers.org.uk 020-3393 8305	No age limit	Every Friday between 6-7.30pm Exclusive swim session for people with all disabilities, their families, carers and friends. Hoist is available in the large pool. No booking required. Entry by donation.
Bexley Library services		Contact individual libraries for a list of activities running during the holidays.
Bexley NAS (National Autistic Society) www.bexleynas.co.uk		Summer holiday activities for members only. Free to join once a diagnosis is given. Visit the website for more information.
Bexley SNAP www.bexleysnap.org.uk 01322 332452 admin@bexleysnap.org.uk	5-18 years	Awaiting details of this year's Summer Holiday Scheme for children/young people with severe and profound/complex or physical needs who receive support from the Children with Disabilities Service. Other clubs are available. Feedback needed from parents about what other activities are needed. Contact SNAP or your social worker for more information.
Charlton Athletic Community Trust www.cact.org.uk Steve Bannan 020 8850 2866 steven.bannan@cact.org.uk	10-19 years	CACT provide inclusive activities and short breaks in Greenwich and Bexley and accept direct payments. Awaiting details of this year's Summer Holiday Scheme for those young people who are known to the Children with Disabilities Service and meet their criteria for support. Contact social worker or CACT for more information.

<p>Crook log leisure centre Brampton Road, Bexleyheath 020-8304 9090</p>	<p>All ages</p>	<p>Contact direct for information on inclusive sports and leisure activities running during the holidays. Leisure savers card gives free or discounted entry.</p>
<p>Danson Youth Trust Danson Youth Centre, Brampton Rd, Bexleyheath 020-8303 6052 http://www.dansonyouth.org.uk</p>		<p>See website for details of holiday activities. Includes football, boxing and a skate park.</p>
<p>Dimensions Cinema Dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings</p>	<p>All ages</p>	<p>Cinema showings specifically for people with ASD See website for details.</p>
<p>Dreams Dance Howard Centre, Hextable Facebook @dreamsindance</p>		<p>SEND Sessions run in summer holidays Workshops from £5 per family. Call Jan 07765 556418 or Allison 07759 751162 for more details</p>
<p>DSA Active Down Syndrome Association (DSA) emma.connor@downs-syndrome.org.uk info@downs_syndrome.org.uk 0333 1212300 www.dsactive.org.uk</p>	<p>5 years + with Downs Syndrome & all abilities</p>	<p>Running two summer camps at Tooting & Shooters Hill. w/c 23/07, w/e 28/08. Tooting Camp, Tuesdays & Wednesdays, 10am – 3pm, £15 per person per day, venue is Tooting & Mitcham Utd FC. w/c 25/07. w/e 23/08. Shooters Hill Camp, Thursdays & Fridays, 10am – 3pm, £15 per person per day, venue is week 1 – 5 Shooters Hill Sixth Form College Week 6, Shooters Hill Lawn Tennis Club, August 29th & 30th Need to contact or go onto website to fill out a booking form & return to dsactive@downs-syndrome.org.uk or post to Downs Syndrome Association, DSActive, Langdon Down Centre, 2a Langdon Park, Teddington, TW11 9PS</p>
<p>Europa Gym Centre 01322 318888 info@europagymcentre.com</p>	<p>Up to 11 years old</p>	<p>SEND Holiday Gym Sessions All Thursdays from July 25th – August 29th time is 1-2pm SEND Tuesday and Thursday sessions 1 – 2pm. Book in advance £4 per hour, siblings welcome, parent/carer to stay at session.</p>
<p>Gambados soft play - Beckenham www.gambado.com Beckenham@gambado.com 0208 662 6910</p>		<p>See website for details and available dates. Exclusive SEN & Autism friendly sessions. Children with SEND or autism can play while they are closed to the general public. Proof on entry – DLA or PIP, EHCP, or a letter from a medical professional.</p>
<p>Garwood Foundation Holiday Home Bramely Hill 020 8686 9866</p>		<p>Adapted Holiday Home for Hire in Pagham, West Sussex www.garwoodfoundation.org.uk/garwood-foundation-caravan</p>

<p>Gravity Trampoline Park Enquiries.bluewater@gravity-uk.com 01977 529920 www.gravity-uk.com</p>		<p>Bluewater Shopping Centre Reduced light & sound sessions every Sunday 9am – 10am Cost is £13.50 instore or save 15% if you pre book for £10.50 per person A carer gets in free of charge - to book online click link below www.gravity-uk.com/bluewater-dartford/activities/reduced-sound-light</p>
<p>Industry Nightclub Spital Street, Dartford, DA1 2DJ www.choicesupport.org.uk/find-support/find-support-near-you/freedom-nightclub 01622 722400</p>	<p>18 years +</p>	<p>For adults with learning disabilities Last Wednesday of every month - 7pm-11pm £5.00 entry – Carers £1 Run by Choice Support formerly MCCH</p>
<p>Lark in the Park, Sidcup Place, Sidcup 0208-309-6056 info@larkinthePark.com</p>	<p>0-15 years</p>	<p>A FREE Community event for the whole family organised by Bexley churches. Bubbles tent caters for children with SEN. Daytime and evening events/activities. Email or see website for further details, registering for events on-line is highly recommended.</p>
<p>London Transport Museum https://www.ltmuseum.co.uk/whats-on</p>		<p>Conducting Codes - 12 August - 1 September Join us to learn how to code a sequence of events to keeps London’s transport ticking Depot guided tours on Fridays and Saturdays Easy read guide about the museum available Early and evening explorers - SEN exclusive hours Saturday 27 July 2018 - MORNING 08:30 onwards - (open to the general public from 10:00) Saturday 24 August 2019 - EVENING 18:15 to 19:45</p>
<p>S. A. F. E School (Social Arts for Education) - Eltham info@safeschool.co.uk www.safeschoolbexley.co.uk</p>	<p>8 years +</p>	<p>Alternative education provider for vulnerable children such as those with ASD and anxiety disorders. They may run some activities during the holidays. Contact for more information.</p>
<p>Ultimate Dodgeball Academy www.ultimatedodgeballacademy.co.uk/services Connor 07985 165003/Jack 07411 610710</p>	<p>5-11 years</p>	<p>Danson Youth Centre and Bexley FC Halls Dodgeball coaching company with experience of ASD & ADHD</p>
<p>We Are Beams Allsworth Court, 38-40 St David’s Road, Hextable www.wearebeams.org.uk admin@wearebeams.org.uk 01322-6688501</p>		<p>To use services at BEAMS you must pay the yearly membership of £30.00. Day time and short breaks available. Please contact or see website for more details</p>
<p>Youth Action Diversity Trust (YADT) www.youthactiondiversitytrust.co.uk Gary - 0208-308-3862 Emma or Lauren at contact@youthactiondiversitytrust.co.uk</p>	<p>3-14 years</p>	<p>North Cray Children’s Centre, Sidcup Contact for further details.</p>

<p>Zinc day Centre Hub - Ongar Essex Great Stoney, High Street, Chipping Ongar, Essex, CM5 0AD 01277-365626 fran.george@zincarts.org.uk nadia.allen@zincarts.org.uk</p>	<p>14 years +</p>	<p>Full day activities bookable in advance with a maximum of 25. SEN summer workshops, one every Thursday in August, one every Friday in August, 10.30am – 3.30pm each workshop id £160 for the four weeks. Summer Respite Break, 5pm Wednesday 31st July – 5pm Friday 2ND August, cost £350, if you book onto a workshop you'll receive a 25% discount, if book on both workshops, you'll receive a 30% discount. Summer Respite Weekend, 30th August –1st September, cost £350 Please contact Nadia Allen for details/activities & any queries.</p>
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National Organisations

<p>Accessible Countryside www.accessiblecountryside.org.uk</p>	<p>Promoting disabled access to the countryside, sport and leisure</p>
<p>Disability Grants www.disability-grants.org/national-disability-discounts-days-out.html</p>	<p>National Disability Discounts - Days Out</p>
<p>Disabled Holidays Travel agents www.disabledholidays.com 0161-804-9898</p>	<p>DisabledHolidays.com is the UKs largest disability specialist travel agency. Fully accessible holidays in the UK, abroad and on cruise ships.</p>
<p>DLA Days Out – Facebook Page www.facebook.com/groups/DLAchildrensDaysOut/</p>	<p>Children DLA days out Discounts tips and advice about Disability Living Allowance</p>
<p>Gatwick Airport hiddendisability@gatwickairport.com</p>	<p>On arrival (or you can pre-order) at Gatwick you can collect a free lanyard for your child to wear from 'Assistance reception'. This will identify them to airport staff. There is also an 'Autism friendly visual guide to travelling' that can be printed from their website.</p>
<p>Heathrow Airport Special_assistance@heathrow.com</p>	<p>Email in advance to obtain a lanyard which will identify your child to airport staff. A booklet to help your child understand what happens at an airport can be collected.</p>
<p>Scope www.scope.org.uk/support/tips/leisure/days-out</p>	<p>National charity offering information on days out for disabled adults and young people Advice on how to plan a day out.</p>

Bexley Voice are unable to endorse or recommend any of the listed organisations and providers of holidays clubs, but are merely passing on member recommendations. Information, prices and dates provided were correct at time of print (June 2019) but are subject to change without notice at any time.

Please contact the individual organisations and providers for full details before making any bookings, visits etc.

Bexley Voice are a voluntary group of parent/carers of children and young people (age 0-25) with special/additional needs and disabilities (SEND) living in the London Borough of Bexley. We provide an opportunity for parent/carers to express their views and input into the planning and delivering of SEND services.

We signpost, support and empower families to obtain the best possible care and services.

VOLUNTEER HELPLINE: 07512 409936

EMAIL: bexleyvoice@hotmail.co.uk

WEBSITE: www.bexleyvoice.org.uk

REG CHARITY NUMBER: 1142306