



Bexley Parent Carer Forum

Supporting parents and carers of a child or young person under 25 with a disability, additional or special need living in Bexley and giving parent/carers the opportunity to have a 'voice'
Together we can make a difference...



VOLUNTEER HELPLINE: 07512 409936

EMAIL: bexleyvoice@hotmail.co.uk

WEBSITE: www.bexleyvoice.org.uk

REG CHARITY NUMBER: 1142306

Bexley Voice - Bereavement support

Winston's Wish Confidential helpline - Open weekdays 9am-5pm Free phone - 08088-020021 Enquiries - 01242-515157 Winstonwish.org info@winstonwish.org		Support children and young people after a death of a parent or sibling through a help line. Cannot provide individual support in our area, unless very specific criteria are met.
CAMHS- Child & adolescent Mental Health Service	Under 18	Referral by school, GP or self. An NHS service that assesses and treat young people with emotional, behavioural or mental wellbeing.
Bexley Moorings Danson Youth Centre Brampton Road, Bexleyheath 0208-304-9609 Bexleymoorings.co.uk info@bexleymoorings.co.uk	8 +	Please check referral criteria. Services offered: Befriending Journey 10 program for young people offering positive activities and life skills Young carers service Assisting social development Young adults carers Youth inclusion programme
Young Minds Youngminds.org.uk - Parents Help Line Free for mobiles & Landlines - 0808-8025544	0-25	Support for Parents/carers and children with any mental health issues.
Schools SENCO		Every school have a SENCO –Special Educational Needs Co-ordinator. Regardless if your child has a disability they will be able to refer and advise on support available
Family Liaison Officer		Not all schools will have a FLOW-Family Liaison Officer, but if they do this will be the person who can refer and advise on support.
Family Doctor	All	Refer to your GP
Child Bereavement UK National help-line 0800-0288840 support@childbereavementuk.org	Up to 25 years	Closest office is Newham, Stratford. A comprehensive 1-1 service, or over the telephone.
Animal Assisted Therapy 020 8850 6778 www.adotherapy.co.uk		Contact for further information
Purple Parenting 07956-194776/194777 info@purpleparenting.co.uk	All ages	Initial consultation is free but thereafter there is a fee.