

## 'Person Centred' thinking and working

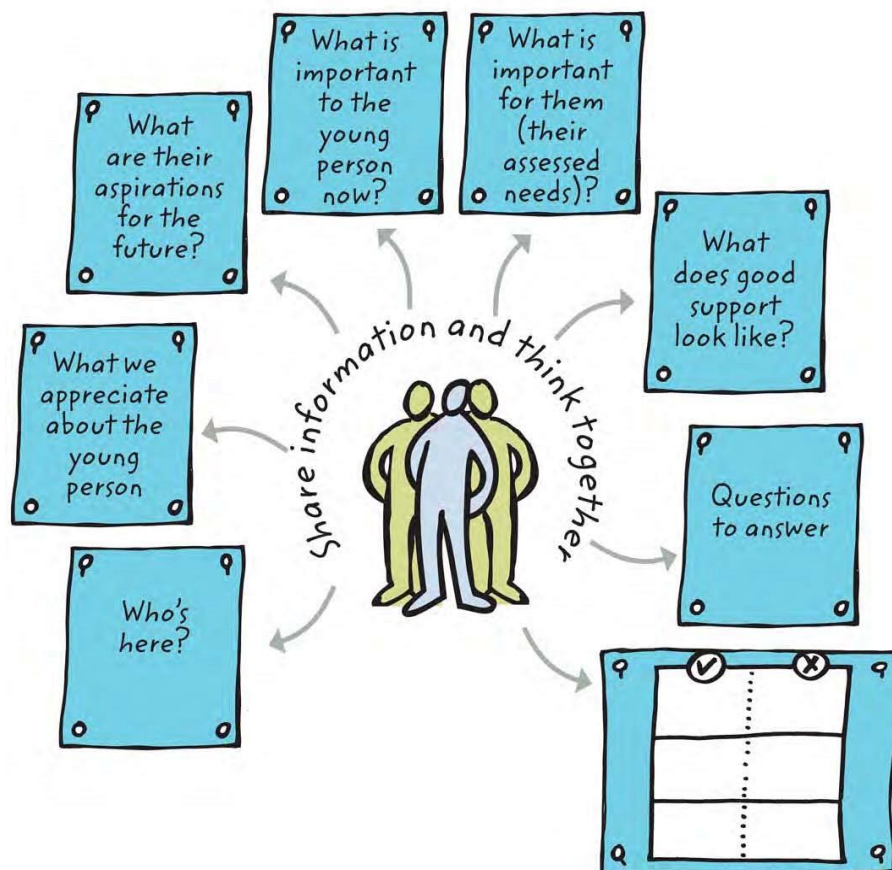
To ensure the formal transition process supports all disabled young people to reach their goals, it is vital that young people and their families are right at the heart of the planning process.

The underlying principles of person-centred practice are about improving people's life chances by focusing on:

- what is important to them;
- their aspirations and assets; and
- using evidence of what works to develop outcomes.

A clear understanding of person-centred approaches will help parents work with those supporting their child, to make sure:

- young people have choice and control over all aspects of their lives;
- young people are supported to have greater expectations;
- services are responsive to the needs and aspirations of young people;
- local opportunities are developed based on the needs, talents and aspirations of young people;
- young people are able to access equal opportunities to their peers;
- personalisation supports a seamless transition process for young people.



Web addresses to find more information on **Person Centred Planning** can be found in the Further Information section of this planner.