

Transition support for young people

We need to start thinking about Preparing for Adulthood from an early age, and be making specific plans from Year 9 onwards. Young people with an Education, Health and Care Plan should be thinking about including outcomes in their plan that help them to prepare for adulthood and greater independence.

School

The school will need to consider how best to ensure that your son or daughter is enabled to be present and make as full a contribution as possible at the Transition Review.

Don't worry, many young people do not yet have a clear idea about what they want to do in Year 9. At the review meetings you will hear about the things the school are doing with their students to find out what they can and like doing, which will help them make choices about the future.

From Year 9 onwards the preparation they do with students will be more focused on the four Preparing for Adulthood outcomes.

Advocacy for All

The role of Advocacy for All is to offer independent support to people to have a voice and to be heard. They can support Transition in the following ways:

The Young People's Advocacy Project - offers free advocacy with young people 10-18 years old, living in Bexley with a learning disability. They offer help with transition related topics including:

- Making choices about education
- Finding out about housing
- Finding out how to get a job
- Understanding rights
- Attending meetings with the young person and helping them to understand information
- 1-1 Advocacy Sessions can be arranged.

Community Advocacy Service – is for Bexley adults (over 18) who have a learning difficulty or Autism.

Advocacy is about:

- making sure people listen to what you say
- having someone on your side to speak up for you

Advocacy can help you:

- to make choices about education
- to find out about housing
- to find out how you can get a job

- know your rights
- to go to meetings
- by signposting you to Speaking Up Groups

Bexley Speaking Up Group – is for Bexley adults (over 18) who have a learning disability. The aims of the groups are to:

- Support people to have a voice
- Help people get their voice heard
- Teach people about their rights
- Build people's confidence
- Meet new people
- Try new things
- Share experiences and ideas
- Learn new skills
- Work alongside services to make them better
- Prevent loneliness and isolation

All adults over 18 with a learning difficulty or Autism can refer themselves to this service.

Telephone: 0345 310 1812

Email: referrals@advocacyforall.org.uk

Website: www.advocacyforall.org.uk

Bexley All Stars - is a project that supports people with learning disabilities to develop their confidence and live healthier and more active lives. The group's activities include fun indoor games, exercise and community activities in local outside spaces. This project is funded until March 2023.

Telephone: 0345 310 1812

Website: <http://www.advocacyforall.org.uk/volunteer.php>

Specialist Careers Advice

Prospects provide the Specialist Careers Service in Bexley for all schools who buy in the service.

Prospects can provide Information, Advice and Guidance on a range of education and training options open to young people at the end of Year 11 and beyond. This might include Post 16 school provision, local FE college, employment, or employment with support and training options and also specialist provision where a local college is unable to meet a young person's needs.

They can support students from ages 14-25. They also contribute significantly to the preparation for adulthood section of the Education, Health and Care Plan, highlighting desired outcomes and how they will be met.

Regardless of where the school source their Careers Advice, Prospects are contracted by Bexley Council to provide a specific service to all those with an EHCP or statement.

Discussing the young person's plans for the future now, will ensure the right subject choices are made.

PLEASE NOTE: Prospects do not provide help to find employment.

Inspire Community Trust

Provide support to families regarding:

- Managing Direct Payments and Personal Budgets
- Special equipment in Bexley

Telephone: 0203 045 5100

Email: info@inspirecommunitytrust.or

20 Whitehall Lane
Slade Green
Kent
DA8 2DH

Personal Budgets

The Children and Families Act 2014 places a number of duties in relation to Education, Health and Care (EHC) Plans.

A young person can request a personal budget which can include elements of education, health or care provision.

A leaflet explaining Personal Budgets in Bexley can be found on the Bexley Local Offer, the web address can be found above and in the Other Information Section of this planner.

Specialist Equipment

Inspire are also able to advise and support on equipment your young person may need. They have a vast warehouse where it is possible to see equipment and find out how it works.

Independent Advice and Support Service (IASS)

Provide advice on all areas of Education and Health around Transition. They have a help line or can be contacted by email for advice. They are also able to attend meetings with parents if that is needed.

Bexley IASS will provide independent support to young people aged 16yrs and over.

For more information:

Telephone: 0203-045-5976

Email: bexleyIASS@bexley.gov.uk

Bexley Information, Advice and Support
London Borough of Bexley
2 Watling Street
Bexleyheath
DA6 7AT

Bexley Shared Lives

Shared Lives is a scheme which links people who need help and support to live in the community, with people who can provide that help and support in the Shared Lives Carer's own home.

For those assessed as eligible, Shared Lives provides a long term or short stay, in an ordinary home setting in the community. Short stays can be arranged on a regular or occasional basis.

Shared Lives Carers share their own home for the time the person is with them. Shared Lives Carers undertake a thorough assessment process in order to be approved as carers. Needs, likes, dislikes and interests are identified so that Shared Lives Carers can be carefully matched.

People who can be supported by the scheme include adults aged 18 and over and care groups such as Learning Disability, Mental Health and Physical Disabilities.

The scheme is registered to work with:

- people over the age of 18
- people with a Learning Disability
- people with Mental Health issues
- people with sensory disabilities
- people on the Asperger's/autistic spectrum
- people with physical disabilities

Telephone: 0203 045 3114 0203 045 4470

Email: shared-lives@bexley.gov.uk

Community Living And Support Scheme
Civic Offices,
2 Watling Street,
Bexleyheath, Kent, DA6 7AT

Re-Instate

Re-Instate is a charity working to improve employment opportunities, quality of life and well-being for disadvantaged people in the London Borough of Bexley including people experiencing mental ill-health, people with learning disabilities and young people.

Living well is a project run by Re-Instate that supports adults with learning disabilities and autistic adults to play an active role in their local community. Our program 'Five ways to Living Well', which is based on the New Economics Foundation's Five Ways to Well-being – Connect, Be Active, Take Notice, Keep Learning and Give, will support people to achieve their life goals and can be met by the comprehensive range of activities, groups and classes.

Telephone: 01322 438155

Email: info@re-instate.co.uk

Website: re-instate.co.uk

Employ Me London

Employ Me London is an initiative to support learning disabled NEET young people in London to find sustainable employment. Support will be tailored to individual needs and will include education, training and employment.

To be supported the young person has to be aged 16-24 years, have a learning disability, learning difficulty or have Autism and be NEET. They must also live in one of the 32 London boroughs.

The initiative will run until June 2023.

Support includes:

- Mentoring
- Coaching
- Conflict Management
- Budgeting
- Housing

Mencap delivers support jointly with a number of partners.

More details are available from the Mencap website:

<https://www.mencap.org.uk/advice-and-support/employment/employ-me-london>

Groundwork Project

The Groundwork Project provides support to all NEET young people aged 16-24 to enter education, training and employment.

They run structured sessions to assist learners in achieving accredited qualifications in a variety of subjects and topics, including:

- English and Maths Functional Skills
- Customer Service
- Employability
- Horticulture
- Business Administration

Employment support includes identifying suitable job opportunities and securing interviews, CV writing and interview preparation.

They will also support candidates to apply for apprenticeships, traineeships and further education courses.

Email: lorder.sade@groundwork.org.uk or Martyne.bennett@groundwork.org.uk

Website: <https://www.groundwork.org.uk>

THIS PROJECT WILL BE SUBJECT TO A FUNDING REVIEW IN SEPTEMBER 2021